

Seasonal Overview for 2026

Winter Solstice 2025 is the pre-launch of the calendar year 2026. As usual, it occurs on December 21. With a waxing New Moon in Capricorn, and Mars there too at 0-degrees, and the ruler of Capricorn, Saturn, still in Pisces along with Neptune and the Lunar North Node, altogether symbolic of letting go, surrendering to the flow and preparing to adapt to the new, an accelerated disintegration process of notions of 'normal' can be expected. Many will face challenges of determining where they best fit in the world now, and how, requiring adaptation and reinvention.

Spring Equinox 2026 begins on March 20 in 2026. A six-planet stellium in Aries, including Sun, New Moon, Venus, Chiron, Saturn and Neptune, indicates that Spring 2026 will be dynamic and eventful. The fact that Mars is in Pisces, along with Mercury stationary direct after 3 weeks of retrograde motion and both closely aligned with the Lunar North Node, is suggestive of the need for people to do 'inner work' to clear doubts, confusion, and resistance to the rapidly changing world and to focus on re-imagining what is possible and necessary.

Summer Solstice 2026 begins on June 21, 2026. Sun and Mercury, closely aligned with Jupiter, all in Cancer and the Moon near its First Quarter in Virgo, are suggestive of an 'all hands on deck' effort by families to remain grounded, calm, and stable both emotionally and materially. Positively, the first major waves of change from the dynamic Spring will have a chance to settle and integrate.

Autumn Equinox 2026 begins on September 22 in North and South America. The Sun in close opposition to Neptune in Aries, Venus in Scorpio, and Mars in the late degrees of Cancer, contribute to the general theme of cooperative adaptation to a rather complex final season of 2026. A Grand Trine in the Air Elements including Sun in Libra, Uranus in Gemini and Pluto in Aquarius, supported by Mercury also in diplomatic and intelligent Libra, will also help smooth the edges with heightened abilities to engage intelligent, innovative and creative responses to any challenges presented by the changing times.